***HELP EVERYWHERE***

*(35 POINTS)*

In this day in age, we are constantly surrounded by information outlets. I personally use *TWITTER* as a source of motivation on a daily basis. I have printed multiple articles that may help you in various areas of your life. This assignment is three-fold:

1. I have a serious of articles divided into 4 groups (labeled 1-4). You must pick one article from each group to read. After reading, you are to write the title of the article, list and explain the “tips” described in that piece and explain how you can apply one of those tips in your daily life.
2. In the computer lab or on your phone, you will find 2 articles similar in nature to the ones we read in class. The articles must be in list form and can be on any self-help topic of your choosing. Follow the same description from above for each article.
3. Once those first two section are complete, please identify and describe which of the articles you have found to be the most useful and why. (1 paragraph minimum)